

Health Benefits

Participatory workplace global health program

Health Benefits empowers individuals by encouraging them to take charge of their health with appropriate professional assistance. It helps improve employee wellness and prevent absenteeism and disability within organizations.

EXCLUSIVE TO



Health Benefits MAP

Cost/cert./month
\$0.95

Manager assistance program

- Employee referral by managers or Human Resources
- Maximum utilization rate of 2.5%
- 24/7 access
- 8 hours of psychosocial consultation by phone, online or in person
- Assistance for personal, marital, family, work or addiction issues
- One hour of legal and financial consultation by phone
- Support for changing lifestyle habits

Corporate services included

- Coaching for managers
- Meeting and support during program implementation
- Internal promotion of the program
- Wellness columns
- Video clips
- Reference documents
- Detection and referral of individuals at risk of disability throughout the intervention process
- Proactive meetings with the organization to ensure optimal functioning
- Quarterly statistical reports
- Group insurance experience analysis

Health Benefits EFAP

Cost/cert./month
\$2.85

Employee and family assistance program

- Accessible to everyone
- Maximum utilization rate of 10%
- 24/7 access
- 8 hours of psychosocial consultation by phone, online or in person
- Assistance for personal, marital, family, work or addiction issues
- One hour of legal and financial consultation by phone
- Support for changing lifestyle habits
- Parental assistance to support children with learning difficulties
- Assistance to find a daycare or seniors' residence
- Sleep disorder screening with HALEO
- Specialized support for employees on disability leave



Epsylio

Assisted support system

Epsylio is your EFAP's first line of response, reaching and assisting people who would otherwise not have sought professional help.

November 2018. All prices subject to change without notice. Plus tax.

Invest in prevention and get better results!

Workshops, conferences and health booths

Workplace ergonomics

Medical assessments



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